

Wholly Belly

Menu



Open

Tuesday - Friday 8am - 3pm

Sat/Sun 8am - 2pm

Friday Night - Late



~ 24 Magill Road Norwood - 08 8362 4833 - hello@whollybelly.com.au ~

## Pizza

<u>Margherita</u>	13.9
Red sauce, buffalo mozzarella + fresh basil	
<u>4 Cheese</u>	15.9
White cheese béchamel, mozzarella, ricotta, feta, parmesan + fresh herbs	
<u>Herbivore</u>	15.9
Woodfired pumpkin, roasted red peppers, mushrooms, red onion + baby spinach	
<u>Blue Mushroom</u>	15.9
Blue cheese béchamel, sautéed mushrooms, caramelised onion, goats cheese + reduced balsamic	
<u>Chicken Pesto</u>	15.9
Basil pesto base, woodfired chicken, sundried tomato, feta + fresh basil	
<u>Pepperoni</u>	15.9
Red sauce, mild pepperoni, Kalamata olives, mushrooms, red peppers, oregano	
<u>The Porky</u>	15.9
Red sauce, 10hr woodfired pork, red onion, fresh basil + jalapeños	
<u>Greek Lamb</u>	17.9
Red sauce, 10hr woodfired pulled lamb, fresh tomato, fresh finely chopped onion, w mixed leaves + tzatziki	
<u>Carnivore</u>	17.9
BBQ sauce, pepperoni, salami, smoked ham, pulled chicken & bacon	
<u>The Cheeseburger</u>	16.9
Red sauce, mozzarella, ground beef, house pickle, chopped brown onion, diced tomato + mustard mayo	
<u>Blanco</u>	17.9
Confit garlic oil base, mozzarella, ricotta, artichoke, caramelised onion + bacon	
<u>Pork Fennel Salami</u>	17.9
Confit garlic oil base, Adelaide Hills pork & fennel salami, trio of sweet roast peppers, baby spinach + shaved pecorino	

## Wraps

<u>The Hummus Wrap</u>	11.9
Filled w baby spinach, hummus, crumbled feta + fresh tomato	
<u>The Pesto Wrap</u>	11.9
Basil pesto, baby spinach, pickled red onion, diced tomato + feta	
<u>The Beanz Wrap</u>	13.9
Refried beans, grated carrot, mixed leaves, pickled red onion + Mexican salsa	
<u>The Falafel Wrap</u>	13.9
Falafel, grated carrot and zucchini, mixed leaves, diced tomato + tahini sauce	
<u>The Peri Peri Chicken</u>	13.9
Chicken, chopped lettuce, diced tomato, feta, coriander + devilled mayo	
<u>The Chicken &amp; Avo</u>	15.9
Chicken, grilled cheese, bacon, lettuce, avocado + mayo	
<u>The Lamb Wrap</u>	15.9
Slow cooked pulled lamb, cos lettuce, tomato, red onion, mint + tzatziki	
<u>The Reuben Wrap</u>	14.9
Brisket, house mustard pickle, melted Swiss cheese + pickled red cabbage	
<u>Wholly Molley</u>	12.9
Grilled kransky sausage, melted cheese + house made hot chilli sauce	

## Trays

<u>Vego</u>	19
Falafels, slaw, baby spinach, corn salsa, hummus + side of sweeties	
<u>Chicken</u>	22
Slow cooked woodfired jerk Chicken Maryland, slaw, corn salsa + side of sweeties w spicy mayo	
<u>Brisket</u>	22
Pulled Brisket, slaw, corn salsa, house pickle, mustard dressing + side of fatties	

## Smalls

<u>Ciabatta garlic bread {3}</u>	5.9
Confit garlic, parsley + oregano	
<u>Cheesy Garlic &amp; Parmesan flat bread</u>	8.9
Mozzarella, parsley, oregano + parmesan	
<u>House dips</u> - Choice of 2 x dips served w flatbread	9.9
Beetroot	
Hummus	
Smoked Salmon + Dill	
House Pesto	
<u>Market Salads</u> (see our friendly staff for details)	11.9
<u>Fatties</u> - Thick cut chips served with devilled mayo and ketchup	7.9
<u>Skinnies</u> - Shoestring fries served with devilled mayo and ketchup	7.9
<u>Sweeties</u> - Sweet potato fries served with devilled mayo and ketchup	7.9

## Bigger

<u>Arancini served with red sauce on a bed of baby spinach</u>	9.9
Trio of Cheese	
Mushroom & Cheese	
<u>Pork and veal meatballs served with cheesy béchamel sauce</u>	11.9
<u>Mexican Beef meatballs served with fresh salsa + corn chips</u>	13.9
<u>Bruschetta</u>	7.9
Tomato, basil and + onion	
Pumpkin, baby spinach, feta + toasted pepitas	
Grilled roast veg, goats cheese, green tomato chutney + chilli jam	
<u>Brioche Buns</u>	13.9
Pulled pork, grilled Swiss cheese, slaw, wood oven egg + green tomato chutney	
or	
Woodfired mushrooms, baby spinach, slaw, hummus + tomato salsa	

## Breakfast

### All Bagels Available for Breakfast

<u>Toasted Croissant</u>	6.9
Ham + Cheese, Ham + Tomato, Tomato + Cheese, Ham + Cheese + Tomato	
<u>Burcher Muesli</u>	8.9
Oats soaked in exotic tropical juice w dried cranberries, sliced apple + Greek yogurt topped with mixed nuts + berry compote	
<u>WB Granola Bowl</u>	12.9
Wood oven toasted filled with grains, seeds, fruits + nuts. Served with natural yogurt	
<u>Zucchini Fritters</u>	15.9
Zucchini fritters with Asparagus, 2 woodfired eggs w pesto dressing + dill	
<u>Grilled Asparagus</u>	15.9
Grilled asparagus and baby spinach on toast with 2 poached eggs + green tomato chutney & dukkha	
<u>Butter Milk Pancakes - Served with double cream</u>	15.9
Salted banana caramel <b>OR</b> Lemon curd + berries <b>OR</b> Apple + cinnamon	
<u>Maple Bacon Pumpkin Hotcake</u>	15.9
Pumpkin hotcake, maple bacon, sweet roast pumpkin w a side of maple syrup + butter	
<u>Brioche French Toast</u>	16.9
Maple syrup, bananas, served with house berry compote, vanilla ice cream + thick double cream	
<u>Wholly Benedict</u>	16.9
<b>Florentine</b> - 2 poached eggs, sautéed spinach, double smoked ham, asparagus + hollandaise	
<b>Atlantic</b> - 2 poached eggs, smoked salmon, avocado + dill hollandaise	
<u>Breakfast Burritos</u>	15.9
House beans, grilled cheese on a red sauce tortilla served with a side of corn chips + jalapeno cream	
<u>Vego Big Breakfast</u>	17.9
2 woodfired eggs, house beans, sautéed spinach, mushroom, woodfired pumpkin, slow roast tomato, served with house flat bread	
<u>WB Big Breakfast</u>	17.9
2 woodfired eggs, bacon, grilled kranisky, sautéed spinach, mushrooms, slow roasted tomato, served with house flat bread	

## Bagels

<u>Toasted Naked</u>	5.9
Your choice of wood oven toasted topped with either butter, herbed cream cheese, Mallee honey, Nutella or peanut butter	
<u>Egg n Bacon</u>	10.9
Tomato sugo, grilled mozzarella, egg, bacon + baby spinach	
<u>Tomato &amp; Avocado</u>	10.9
Herbed schmear, diced fresh tomato, avocado, feta + fresh basil	
<u>The Veggie</u>	12.9
Roast pumpkin, red peppers, caramelised onion, mushrooms + Kalamata olives	
<u>Truffled Mushroom</u>	11.9
Herbed schmear, sautéed truffled mushrooms + baby spinach	
<u>Peri Peri Pumpkin</u>	12.9
Peri-Peri pumpkin, confit garlic oil, fresh baby spinach + green tomato chutney & toasted sesame seeds	
<u>Cheesy Pepperoni</u>	12.9
Tomato Sugo, melted mozzarella, pepperoni, jalapeño crème w a side of corn chips	
<u>Smoked Salmon</u>	14.9
Herbed schmear, smoked salmon, red onion, capers + dill	
<u>Banana Nutella</u>	9.9
Toasted Bagel with Nutella and sliced banana	
<u>P B and J</u>	10.9
Sweet peanut spread, fresh strawberry compote and salted caramel drizzle	

**GF Bagel Available + 2 ~ Any Bagel Available on Either Rye or Toast**

**Drinks****Drinks cont.****Soft Drinks**

<u>Strangelove</u>	<b>4.9</b>
Lemon Squash	
Blood Orange and Chilli	
Classic Cola	
Smoked Cola	
Ginger Beer	
Bitter Grapefruit	

<u>Dr Pepper</u>	<b>3.9</b>
Dr Pepper w Sugar	
A&W Root Beer	
Strawberry/Grape Sunkist	
Cactus Cooler - Pineapple	

<u>Jarritos</u>	<b>4.9</b>
Lime	
Mango	
Mandarin	
Mexican Cola	
Watermelon	
Passionfruit	
Grapefruit	
Guava	

<u>Tiro</u>	<b>4.9</b>
Raspberry	
Cola	
Passionfruit	
Red Orange	
Lemon Lime & Bitters	
Elderflower	

<b>Other</b>	<b>4.9</b>
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<u>Beyond</u>
100% Watermelon Juice
100% Pure Coconut Water

**Juices**

<u>Farmers Organic</u>	<b>4.5</b>
Apple	
Orange	
Strawberry Apple	
Tropical	
Mango, Banana, Apple	

<u>Sam's Organic</u>	<b>4.5</b>
Fruit Salad	
Apple	
Apple Guava	
Pineapple	
Berry Apple	
Green Juice	

**Iced Tea**

<u>Teza</u>	<b>4.5</b>
Mango and Ginger	
Feijoa Lime	
Velvetberry	
Peach and Passionfruit	

**Waters**

<u>Sanpellegrino Sparkling</u>		
750ml		<b>8.0</b>
500ml		<b>4.0</b>
<u>Splitrock Lightly Sparkling</u>		
500ml		<b>4.0</b>
<u>Bottled Still Water</u>		<b>3.8</b>

<u>Chilled House Filtered Water</u>	<b>On Us</b>
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